

ALL TIME AUSTRALIAN BEST 10 PERFORMANCES

LONG COURSE

WOMEN

1 December 2015

TIME	NAME	AGE	EVENT	DATE
50 Metre Freestyle				
23.96	Cate Campbell	22	2014 Pan Pacs	21.08.14
23.97	Lisbeth Trickett	23	Australian Championships	29.03.08
23.99	Cate Campbell	17	2009 World Championships	02.08.09
24.00	Cate Campbell	22	2014 Commonwealth Games	24.07.14
24.03	Cate Campbell	16	BHP Aquatic Super Series	30.01.15
24.08	Cate Campbell	17	2009 World Championships	02.08.09
24.12	Bronte Campbell	21	2015 World Championships	02.08.15
24.13	Cate Campbell	15	Santa Clara	15.05.08
24.13	Cate Campbell	21	Australian Championships	01.04.14
24.14	Cate Campbell	20	2013 World Championships	03.08.13
100 Metres Freestyle				
52.33	Cate Campbell	20	2013 World Championships	28.07.13
52.34	Cate Campbell	20	2013 World Championships	01.08.13
52.52	Bronte Campbell	21	2015 World Championships	02.08.15
52.62	Lisbeth Trickett	24	2009 World Championships	26.07.09
52.62	Cate Campbell	22	2014 Pan Pacs	21.08.14
52.68	Cate Campbell	21	Australian Championships	01.04.14
52.68	Cate Campbell	22	2014 Commonwealth Games	24.07.14
52.69	Cate Campbell	22	Australian Championships	03.04.15
52.69	Cate Campbell	21	2013 QLD Championships	14.12.13
52.70	Cate Campbell	22	SAL Grand Prix #2	06.06.14
200 Metres Freestyle				
1:55.57	Emma McKeon	20	2014 Commonwealth Games	24.07.14
1:55.68	Emma McKeon	19	Australian Championships	01.04.14
1:55.73	Kylie Palmer	21	Australian Championships	04.04.11
1:55.74	Bronte Barratt	22	Australian Championships	04.04.11
1:55.76	Bronte Barratt	23	2012 Olympic Games	28.07.12
1:55.81	Bronte Barratt	23	2012 Olympic Games	28.07.12
1:55.88	Emma McKeon	20	Australian Championships	03.04.15
1:55.99	Bronte Barratt	23	Australian Championships	15.03.12
1:56.04	Kylie Palmer	21	2011 World Championships	24.07.11
1:56.04	Kylie Palmer	22	Australian Championships	15.03.12
400 Metres Freestyle				
4:03.34	Jessica Ashwood	22	2015 World Championships	02.08.15
4:03.40	Kylie Palmer	22	Australian Championships	16.03.12
4:03.52	Bronte Barratt	24	Australian Championships	26.04.13
4:04.16	Bronte Barratt	19	2008 Olympic Games	11.08.08
4:04.29	Kylie Palmer	21	Australian Championships	01.04.11
4:04.36	Bronte Barratt	22	Australian Championships	01.04.11
4:04.47	Jessica Ashwood	22	2015 World Championships	02.08.15
4:04.56	Bronte Barratt	25	Australian Championships	01.04.14
4:04.57	Bronte Barratt	19	Santa Clara	15.05.08
4:04.62	Kylie Palmer	21	2011 World Championships	24.07.11
800 Metres Freestyle				
8:18.41	Jessica Ashwood	22	2015 World Championships	02.08.15
8:19.76	Jessica Ashwood	20	NSW State Championships	28.02.14
8:21.33	Jessica Ashwood	21	NSW State Championships	27.02.15
8:22.17	Jessica Ashwood	22	2015 World Championships	02.08.15
8:22.51	Jessica Ashwood	20	Australian Championships	01.04.14
8:22.81	Kylie Palmer	18	2008 Olympic Games	14.08.08
8:22.83	Katie Goldman	17	Australian Championships	19.03.10
8:22.93	Julie McDonald	18	1988 Olympic Games	25.09.88
8:23.18	Julie McDonald	17	1987 Pan Pacs	13.08.87
8:24.04	Jessica Ashwood	21	BHP Aquatic Super Series	30.01.15

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TIME	NAME	AGE	EVENT	DATE
1500 Metres Freestyle				
15:52.17	Jessica Ashwood	22	2015 World Championships	02.08.15
15:56.52	Jessica Ashwood	22	2015 World Championships	02.08.15
15:56.86	Jessica Ashwood	22	SAL Grand Prix	19.06.15
16:01.53	Melissa Gorman	24	2010 Pan Pacs	21.08.10
16:03.24	Melissa Gorman	24	Australian Championships	20.03.10
16:04.84	Hayley Lewis	19	1993 Pan Pacs	12.08.93
16:05.98	Melissa Gorman	25	2011 World Championships	24.07.11
16:06.63	Tracey Wickham	16	Australian Championships	25.02.79
16:06.98	Melissa Gorman	25	Australian Championships	01.04.11
16:07.39	Melissa Gorman	25	2011 World Championships	24.07.11
50 Metres Backstroke				
27.47	Emily Seebohm	22	Australian Championships	03.04.15
27.49	Emily Seebohm	23	FINA World Cup Tokyo	28.10.15
27.51	Sophie Edington	24	2009 World Championships	29.07.09
27.57	Emily Seebohm	23	FINA World Cup Dubai	06.11.15
27.64	Emily Seebohm	22	NSW State Championships	27.02.15
27.64	Emily Seebohm	22	BHP Aquatic Super Series	30.01.15
27.66	Emily Seebohm	23	2015 World Championships	02.08.15
27.67	Sophie Edington	23	Australian Championships	23.03.08
27.68	Emily Seebohm	23	FINA World Cup Beijing	29.09.15
27.70	Emily Seebohm	17	2009 World Championships	29.07.09
27.70	Emily Seebohm	23	2015 World Championships	02.08.15
100 Metres Backstroke				
58.23	Emily Seebohm	20	2012 Olympic Games	28.07.12
58.26	Emily Seebohm	23	2015 World Championships	02.08.15
58.34	Emily Seebohm	23	FINA World Cup Doha	02.11.15
58.37	Emily Seebohm	23	FINA World Cup Tokyo	28.10.15
58.39	Emily Seebohm	20	2012 Olympic Games	28.07.12
58.51	Emily Seebohm	23	FINA World Cup Dubai	06.11.15
58.56	Emily Seebohm	23	2015 World Championships	02.08.15
58.57	Emily Seebohm	20	2012 Olympic Games	28.07.12
58.59	Emily Seebohm	23	FINA World Cup Beijing	29.09.15
58.68	Emily Seebohm	20	2012 Olympic Games	28.07.12
200 Metres Backstroke				
2:05.81	Emily Seebohm	23	2015 World Championships	02.08.15
2:06.06	Belinda Hocking	20	2011 World Championships	29.07.11
2:06.40	Belinda Hocking	23	NSW State Championships	28.02.14
2:06.56	Emily Seebohm	23	2015 World Championships	02.08.15
2:06.66	Belinda Hocking	22	2013 World Championships	03.08.13
2:06.68	Belinda Hocking	21	Australian Championships	15.03.12
2:06.88	Belinda Hocking	20	Australian Championships	01.04.11
2:06.69	Emily Seebohm	22	Australian Championships	03.04.15
2:06.94	Emily Seebohm	23	FINA World Cup Dubai	06.11.15
2:07.16	Meagen Nay	22	Santa Clara	18.06.11
50 Metres Breaststroke				
30.16	Sarah Katsoulis	25	2009 World Championships	02.08.09
30.24	Leiston Pickett	19	Australian Championships	08.04.11
30.31	Jade Edmestone	23	Australian Championships	30.01.06
30.33	Sarah Katsoulis	25	2009 World Championships	02.08.09
30.34	Sarah Katsoulis	25	2009 World Championships	02.08.09
30.37	Jade Edmestone	23	Australian Championships	30.01.06
30.45	Jade Edmestone	23	2005 World Championships	31.07.05
30.45	Tarnee White	27	Australian Championships	17.03.09
30.45	Sarah Katsoulis	25	AIS International	26.11.09
30.51	Jade Edmestone	24	2006 Commonwealth Games	20.03.06

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TIME	NAME	AGE	EVENT	DATE
100 Metres Breaststroke				
1:05.09	Leisel Jones	20	2006 Commonwealth Games	20.03.06
1:05.17	Leisel Jones	22	2008 Olympic Games	14.08.08
1:05.34	Leisel Jones	22	Rome Seven Hills	06.06.08
1:05.60	Leisel Jones	21	Australian Championships	03.12.06
1:05.64	Leisel Jones	22	2008 Olympic Games	14.08.08
1:05.66	Leisel Jones	24	2010 Pan Pacs	18.08.10
1:05.71	Leisel Jones	20	Australian Championships	30.01.06
1:05.72	Leisel Jones	21	2007 World Championships	25.03.07
1:05.72	Leisel Jones	22	Mare Nostrum Barcelona	10.06.08
1:05.75	Leisel Jones	22	Australian Championships	22.03.08
200 Metres Breaststroke				
2:20.54	Leisel Jones	20	Australian Championships	01.02.06
2:20.58	Leisel Jones	22	Mare Nostrum Barcelona	10.06.08
2:20.72	Leisel Jones	20	2006 Commonwealth Games	20.03.06
2:21.34	Leisel Jones	22	Australian Championships	22.03.08
2:21.45	Leisel Jones	21	Japan Invitational	21.08.07
2:21.60	Leisel Jones	21	Australian Championships	03.12.06
2:21.72	Leisel Jones	19	2005 World Championships	31.07.05
2:21.81	Leisel Jones	22	Rome Seven Hills	06.06.08
2:21.84	Leisel Jones	21	2007 World Championships	25.03.07
2:22.05	Leisel Jones	22	2008 Olympic Games	14.08.08
50 Metres Butterfly				
25.48	Marieke Guehrer	23	2009 World Championships	02.08.09
25.58	Marieke Guehrer	23	2009 World Championships	02.08.09
25.60	Marieke Guehrer	23	Australian Championships	17.03.09
25.76	Marieke Guehrer	23	Australian Championships	17.03.09
25.78	Alicia Coutts	25	Australian Championships	26.04.13
25.83	Marieke Guehrer	23	2009 World Championships	02.08.09
25.86	Marieke Guehrer	23	AIS International	26.11.09
25.91	Brittany Elmslie	20	2014 Commonwealth Games	24.07.15
25.91	Brittany Elmslie	20	2014 Commonwealth Games	24.07.15
25.92	Yolane Kukla	14	Australian Championships	08.04.10
100 Metres Butterfly				
56.23	Jessicah Schipper	22	2009 World Championships	27.07.09
56.73	Lisbeth Trickett	23	2008 Olympic Games	11.08.08
56.81	Lisbeth Trickett	23	Australian Championships	22.03.08
56.85	Alicia Coutts	24	2012 Olympic Games	28.07.12
56.90	Jessicah Schipper	22	Australian Championships	17.03.09
56.94	Alicia Coutts	23	2011 World Championships	24.07.11
56.94	Alicia Coutts	24	2012 Olympic Games	28.07.12
56.97	Alicia Coutts	25	2013 World Championships	29.07.13
57.05	Lisbeth Trickett	23	2008 Olympic Games	11.08.08
57.08	Jessicah Schipper	22	2009 World Championships	27.07.09
200 Metres Butterfly				
2:03.41	Jessicah Schipper	22	2009 World Championships	30.07.09
2:04.87	Jessicah Schipper	22	2009 World Championships	30.07.09
2:05.40	Jessicah Schipper	19	2006 Pan Pacs	17.08.06
2:05.41	Madeline Groves	19	Australian Championships	03.04.15
2:05.50	Jessicah Schipper	22	2009 World Championships	30.07.09
2:05.65	Jessicah Schipper	18	2005 World Championships	31.07.05
2:05.81	Susan O'Neill	26	Australian Championships	17.05.00
2:05.93	Jessicah Schipper	22	Australian Championships	17.03.09
2:05.99	Samantha Hamill	18	2009 World Championships	30.07.09
2:06.01	Petria Thomas	28	Australian Championships	29.03.04

**ALL TIME AUSTRALIAN BEST 10 PERFORMANCES
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TIME	NAME	AGE	EVENT	DATE
200 Metres Individual Medley				
2:07.03	Stephanie Rice	21	2009 World Championships	26.07.09
2:08.15	Alicia Coutts	24	2012 Olympic Games	31.08.12
2:08.45	Stephanie Rice	20	2008 Olympic Games	10.08.08
2:08.63	Alicia Coutts	25	Australian Championships	26.04.13
2:08.68	Stephanie Rice	21	2009 World Championships	26.07.09
2:08.92	Stephanie Rice	19	Australian Championships	22.03.08
2:08.89	Alicia Coutts	26	Australian Championships	01.04.14
2:09.00	Alicia Coutts	23	2011 World Championships	24.07.11
2:09.38	Stephanie Rice	23	Australian Championships I	15.03.12
2:09.39	Alicia Coutts	25	2013 World Championships	29.07.13
400 Metres Individual Medley				
4:29.45	Stephanie Rice	20	2008 Olympic Games	10.08.08
4:31.46	Stephanie Rice	19	Australian Championships	22.03.08
4:32.29	Stephanie Rice	21	2009 World Championships	26.07.09
4:34.62	Stephanie Rice	21	2009 World Championships	26.07.09
4:35.04	Stephanie Rice	21	Australian Championships	08.04.10
4:35.11	Stephanie Rice	20	2008 Olympic Games	10.08.08
4:35.17	Stephanie Rice	19	Rome Seven Hills	06.06.08
4:35.82	Stephanie Rice	19	Mare Nostrum Barcleona	10.06.08
4:36.35	Keryn McMaster	20	2014 Commonwealth Games	24.07.14
4:36.56	Keryn McMaster	21	Australian Championships	03.04.15