

2020 AUSTRALIAN OPEN WATER SWIMMING CHAMPIONSHIPS OPEN & AGE QUALIFYING TIMES AND PROCEDURES

AGE

Age for open events is age as at 25 January 2020 (the first day of competition). Swimmers must be 14 years and over to enter open events.

Age for age events is age as at 31 December 2020.

Age for the JX event is age as at 31 December 2020. The JX event is for swimmer who are 12 – 14 years.

ENTRY LIMITS & MEDALS

Swimmers may enter one individual event on each competition day (total three) plus one relay.

Swimmers can enter either the JX event or their respective age/open event, but not both.

Medals will be awarded by event. Where age groups are swum together, medals will be awarded to each age.

ENTRY INTO THE 10KM (OPEN OR 18 & 19 YEARS) OPEN WATER EVENT

Swimmers must have achieved the 10km qualifying time at a recognised 10km open water swimming event on or after 1 October 2018.

OR

Swimmers who have not swum a 10km qualifying time, may enter the 10km event based on their time in the 800m freestyle or 1500m freestyle in accordance with the 5km & 10km pool qualifying procedure.

OR

Swimmers must have achieved the 5km qualifying time at a recognised 5km open water swimming event on or after 1 October 2018.

Note: Swimmers entering the open 10km event must be 14 years or over as at the first day of competition.

ENTRY INTO THE 7.5KM (16 & 17 YEARS)

Swimmers must have achieved the 7.5km qualifying time at a recognised 7.5km open water swimming event on or after 1 October 2018.

OR

Swimmers must have achieved the 5km qualifying time at a recognised 5km open water swimming event on or after 1 October 2018.

OR

Swimmers must have achieved the 5km pool qualifying time at an approved 5km time trial on or after 1 January 2019.

OR

Swimmers who have not swum a 5km qualifying time may enter the 5km event based on their time in the 800m freestyle or 1500m freestyle in accordance with the pool qualifying procedure.

ENTRY INTO THE 5KM (14, 15, 16, 17, 18, 19, OPEN & OPEN TIME TRIAL)

Swimmers must have achieved the 5km qualifying time at a recognised 5km open water swimming event on or after 1 October 2018.

OR

Swimmers must have achieved the 5km pool qualifying time at an approved 5km time trial on or after 1 January 2019.

OR

Swimmers who have not swum a 5km qualifying time may enter the 5km event based on their time in the 800m freestyle or 1500m freestyle in accordance with the pool qualifying procedure.

OPEN 5KM TIME TRIAL

The open 5km time trial is staged as a pursuit (chase) race whereby swimmers start individually at pre-determined intervals and the swimmers are ranked per their individual recorded time. Placings are awarded to the fastest times.

MIXED GENDER RELAYS

The mixed gender relay events are staged as a typical relay, however a gender mix of two males & two females is required. The course in total is 5km with each swimmer covering 1.25km (i.e. 4 x 1.25km).

All four swimmers must be from the same club. This event is limited to 14-15 years and open age.

ENTRY INTO THE BIO ISLAND AUSTRALIAN JUNIOR EXCELLENCE PROGRAM 2.5KM SWIM

The Bio Island Australian Junior Excellence (JX) 2.5km is a non-championship event; therefore, no medals will be awarded. Entries will be capped at 60. A compulsory briefing will be held 30 minutes prior to the event to provide swimmers with an introduction into open water swimming.

To enter Swimmers must be:

- 12 - 14 years of age as at 31 December 2020

- Consent to participate provided by both the parent and coach
- Swimmers must be able to complete 2.5km in under 50 minutes
- Have qualified as a JX swimmer since 1 May 2018

QUALIFYING TIMES EXPLAINED

Swimmers entering the 18 & 19 years 10km who have not swum a 10km qualifying time may use a 7.5km or 5km qualifying time to enter.

Swimmers entering the 16 & 17 years 7.5km who don't have a 7.5km qualifying time may use a 5km time to enter.

Swimmers entering the age 5km events who don't have a 5km open water time, may use a 5km pool time to enter.

Swimmers who have not swum a 5km, 7.5km or 10km event to achieve an entry time in the qualifying period but who have met the following electronically timed verifiable pool standards may enter the Age 5km, 7.5km or 10km events. Pool qualifying time must be achieved on or after 1 January 2019.

This is to allow for swimmers aging up at the 2020 Australian Open Water Swimming Championships

CRITERIA FOR AN APPROVED 5KM POOL TIME TRIAL

To achieve an approved 5km pool time trial a swimmer must swim a continuous 5km swim in a 50m long course pool under the designated pool qualifying time.

The swim must have an official Starter and Referee present to sign off on the result.

Time trial information for the claimed performance (date, location, name of swimmer and club) as well as the contact details for the swimmers home coach must then be submitted to Liz Avery at Swimming Australia liz.avery@swimming.org.au

AGE QUALIFYING TIMES

BOYS			
AGE	Open Water 5km Time	Open Water 7.5km Time	Open Water 10km Time
18 & 19 Years 10km	1 hour 7 Min	1 hour 50 Min	2 Hours 15 Min
	5km Time	7.5km Time	
17 Years 7.5km	1 Hour 5 Min	1 Hour 50 Min	
16 Years 7.5km	1 Hour 7 Min	1 Hour 50 Min	
	Open Water 5km Time	Pool QT	
18 Years 5km	1 Hour 5 Min	1 Hour 2 Min	

BOYS			
AGE	Open Water 5km Time	Open Water 7.5km Time	Open Water 10km Time
19 Years 5km	1 Hour 5 Min	1 Hour 2 Min	
	Open Water 5km Time	Pool QT	
17 Years 5km	1 Hour 5 Min	1 Hour 2 Min	
16 Years 5km	1 Hour 7 Min	1 Hour 4 Min	
	Open Water 5km Time	Pool QT	
15 Years 5km	1 Hour 09 Min	1 Hour 06 Min	
14 Years 5km	1 Hour 11 Min	1 Hour 08 Min	

GIRLS			
AGE	Open Water 5km Time	Open Water 7.5km Time	Open Water 10km Time
18 & 19 Years 10km	1 Hour 10 Min	1 Hour 55 Min	2 Hours 25 Min
	Open Water 5km Time	Open Water 7.5km Time	
17 Years 7.5km	1 Hour 10 Min	1 Hour 55 Min	
16 Years 7.5km	1 Hour 12 Min	1 Hour 55 Min	
	Open Water 5km Time	Pool QT	
18 Years 5km	1 Hour 10 Min	1 Hour 7 Min	
19 Years 5km	1 Hour 8 Min	1 Hour 7 Min	
17 Years 5km	1 Hour 10 Min	1 Hour 7 Min	
16 Years 5km	1 Hour 12 Min	1 Hour 9 Min	
	Open Water 5km Time	Pool QT	
15 Years 5km	1 Hour 14 Min	1 Hour 11 Min	
14 Years 5km	1 Hour 16 Min	1 Hour 13 Min	

AGE POOL STANDARDS

BOYS	800m	1500m
17 & 18 years	8.41.39	16.31.92
16 years	8.51.05	16.50.28
15 years	9.05.53	17.17.84
14 years	9.20.01	17.45.39
GIRLS	800m	1500m
17 & 18 years	9.16.62	17.49.27
16 years	9.19.73	17.52.06
15 years	9.24.91	18.01.99
14 years	9.35.28	18.41.69

OPEN QUALIFYING TIMES

MEN	5km (including Time Trial)		10km
	Open Water	Pool	
	1 hour 5 min	1 hour 2 min	2 hours 10 min
MULTI CLASS	1 hour 20 min	1 hour 17 min	NA
WOMEN	5km (including Time Trial)		10km
	Open Water	Pool	
	1 hour 10 min	1 hour 7 min	2 hours 20 min
MULTI CLASS	1 hour 25 min	1 hour 22 min	NA

Athletes who have not swum a 5km event to achieve an entry time in the qualifying period but who have meet the following electronically timed verifiable pool standards may enter the Open 5km and Open 5km Time Trial event. Qualifying time must be achieved on or after 1 January 2019.

OPEN POOL STANDARDS

	800m	1500m
MEN	8:40:00	16:15:00
WOMEN	9:05:00	18:00:00