

## **2021 AUSTRALIAN OPEN WATER SWIMMING CHAMPIONSHIPS OPEN & AGE QUALIFYING TIMES AND PROCEDURES**

### AGE

Age for all events is as at 31 December 2021. Male swimmers must be 14 years and over to enter open events, females must be 13 years and over to enter open events.

Age for the Junior exhibition 2.5km is age as at 31 December 2021. The event is for swimmers aged 12 – 14 years.

### ENTRY LIMITS & MEDALS

Swimmers can enter either their respective age or open event, but not both.

Medals will be awarded for all Championship events. Where age groups are swum together, medals will be awarded to each age.

### ENTRY INTO THE 10KM (OPEN OR 18 & 19 YEARS) OPEN WATER EVENT

Swimmers must have achieved the 10km qualifying time at a recognised 10km open water swimming event on or after 1 October 2019.

OR

Swimmers must have achieved the 5km qualifying time at a recognised 5km open water swimming event on or after 1 October 2019.

OR

Swimmers must have achieved the 5km pool qualifying time at an approved 5km time trial on or after 1 October 2019.

OR

Swimmers who have not swum a 10km qualifying time, may enter the 10km event based on their official 50m pool time in the 800m freestyle or 1500m freestyle provided it meets the qualifying standard and is achieved on or after 1 October 2019.

### ENTRY INTO THE 7.5KM (16 & 17 YEARS)

Swimmers must have achieved the 7.5km qualifying time at a recognised 7.5km open water swimming event on or after 1 October 2019.

OR

Swimmers must have achieved the 5km qualifying time at a recognised 5km open water swimming event on or after 1 October 2019.

OR

Swimmers must have achieved the 5km pool qualifying time at an approved 5km time trial on or after 1 October 2019.

OR

Swimmers who have not swum a 7.5km qualifying time, may enter the 7.5km event based on their official 50m pool time in the 800m freestyle or 1500m freestyle provided it meets the qualifying standard and is achieved on or after 1 October 2019.

### ENTRY INTO THE 5KM

Swimmers must have achieved the 5km qualifying time at a recognised 5km open water swimming event on or after 1 October 2019.

OR

Swimmers must have achieved the 5km pool qualifying time at an approved 5km time trial on or after 1 October 2019.

OR

Open swimmers who have not swum a 5km qualifying time may enter the 5km event based on their official 50m pool time in the 800m freestyle or 1500m freestyle provided it meets the qualifying standard and is achieved on or after 1 October 2019.

Age swimmers who have not swum a 5km qualifying time may enter the 5km event based on their official 50m pool time in the 50m, 100m, 200m, 400m, 800m or 1500m freestyle provided it meets the qualifying standard and is achieved on or after 1 October 2019.

### MIXED GENDER RELAYS

The mixed gender relay events are staged as a typical relay, a gender mix of two males & two females is required. The course in total is 5km with each swimmer covering 1.25km (i.e. 4 x 1.25km).

All four swimmers must be from the same club. This event is limited to 14 -15 years and open age.

### ENTRY INTO THE JUNIOR 2.5KM EXHIBITION SWIM

The Junior 2.5km Exhibition Swim is a non-championship event; therefore, no medals will

be awarded. A compulsory briefing and clinic will be held 45 minutes prior to the event to provide swimmers with an introduction into open water swimming.

To enter Swimmers must be:

- 12 - 14 years of age as at 31 December 2021
- Consent to participate provided by both the parent and coach
- Swimmers must be able to complete 2.5km within 60 minutes

### CRITERIA FOR AN APPROVED OPEN WATER TIME

Open Water times must be achieved at an approved open water swimming event where there is an in water start and finish.

### CRITERIA FOR AN APPROVED 5KM POOL TIME TRIAL

To achieve an approved 5km pool time trial a swimmer must swim a continuous 5km swim in a 50m long course pool under the designated pool qualifying time.

The swim must have an official Starter and Referee present to sign off on the result.

Time trial information for the claimed performance (date, location, name of swimmer and club) as well as the contact details for the swimmers home coach must then be submitted to Liz Avery at Swimming Australia [liz.avery@swimming.org.au](mailto:liz.avery@swimming.org.au)

### CRITERIA FOR A POOL QUALIFYING TIME

Pool times must be achieved at a recognised event, in a 50m pool, using electronic timing.

### AGE QUALIFYING TIMES

BOYS				
AGE & EVENT	Open Water 5km Time	Pool 5 Km Time	Open Water 7.5 km Time	Open Water 10km Time
18 & 19 Years 10km	1 hour 4 Min	1 Hour		2 Hours 15 Min
18 & 19 Years 5km				
16 & 17 Years 7.5km	1 Hour 7 Min	1 Hour 4 Min	1 Hour 50 Min	
16 & 17 Years 5km				
14 & 15 Year 5km	1 Hour 11 Min	1 Hour 8 Min		

GIRLS				
AGE & EVENT	Open Water 5km Time	Pool 5km Time	Open Water 7.5km Time	Open Water 10km Time
18 & 19 Years 10km	1 hour 10 Min	1 Hour 5 Min		2 Hours 25 Min
18 & 19 Years 5km				
16 & 17 Years 7.5km	1 Hour 12 Min	1 Hour 9 Min	1 Hour 55 Min	
16 & 17 Years 5km				
14 & 15 Years 5km	1 Hour 16 Min	1 Hour 13 Min		

### AGE POOL STANDARDS

BOYS	50M	100M	200M	400M	800M	1500M
18 & 19 years	24.16	53.65	1.57.39	4.08.97	8.34.93	16.24.57
17 years	24.62	54.01	1.57.99	4.10.29	8.53.41	16.31.80
16 years	25.08	55.01	2.00.18	4.14.93	8.44.95	16.50.16
15 years	25.76	56.51	2.03.45	4.21.88	8.54.50	17.08.53
14 years	26.45	58.01	2.06.73	4.28.83	9.08.81	17.36.08
GIRLS	50M	100M	200M	400M	800M	1500M
17, 18 & 19 years	27.15	58.64	2.08.50	4.31.81	9.19.57	17.39.03
16 years	27.56	59.82	2.10.59	4.31.98	9.19.71	17.55.06
15 years	27.82	1.00.38	2.11.80	4.34.49	9.24.94	18.05.14
14 years	28.33	1.01.48	2.14.22	4.39.53	9.35.40	18.25.24

### OPEN QUALIFYING TIMES

MEN	5KM		10KM
	Open Water	Pool 5km Time	Open Water
	1 hour 4 min	1 hour	2 hours 10 min
MULTI CLASS	1 hour 20 min	1 hour 17 min	NA
WOMEN	5KM		10KM
	Open Water	Pool 5km Time	Open Water
	1 hour 10 min	1 hour 5 min	2 hours 20 min
MULTI CLASS	1 hour 25 min	1 hour 22 min	NA

### OPEN POOL STANDARDS

	800M	1500M
MEN	8.25.57	16.06.66
WOMEN	9:10.48	17.19.77