

ENTRY QUALIFYING TIMES

20 October 2022

GIRLS

EVENT	13 YEARS		14 Years		15 YEARS		16 YEARS	
	SCM	LCM	SCM	LCM	SCM	LCM	SCM	LCM
50m Freestyle	28.76	29.35	28.01	28.58	27.53	28.09	27.26	27.82
100m Freestyle	1:02.69	1:03.97	1:00.52	1:01.76	59.44	1:00.65	58.90	1:00.10
200m Freestyle	2:15.09	2:17.85	2:12.72	2:15.43	2:10.35	2:13.01	2:09.16	2:11.80
400m Freestyle	4:45.75	4:51.58	4:40.04	4:45.75	4:35.03	4:40.64	4:32.53	4:38.09
800m Freestyle	9+:39.43	9:51.25	9:23.89	9:35.40	9:13.64	9:24.94	9:08.54	9:19.73
1500m Freestyle	18:23.89	18:46.42	18:03.14	18:25.24	17:43.44	18:05.14	17:33.56	17:55.06
50m Backstroke	32.68	33.35	31.82	32.47	31.27	31.91	30.98	31.61
100m Backstroke	1:10.22	1:11.65	1:08.05	1:09.44	1:06.85	1:08.21	1:06.25	1:07.60
200m Backstroke	2:32.17	2:35.28	2:28.16	2:31.18	2:25.55	2:28.52	2:24.26	2:27.20
50m Breaststroke	36.57	37.32	35.61	36.34	35.01	35.72	34.66	35.37
100m Breaststroke	1:21.38	1:23.04	1:19.03	1:20.64	1:17.67	1:19.25	1:16.99	1:18.56
200m Breaststroke	2:55.20	2:58.78	2:52.07	2:55.58	2:49.10	2:52.55	2:47.62	2:51.04
50m Butterfly	30.59	31.21	29.78	30.39	29.27	29.87	28.99	29.58
100m Butterfly	1:08.27	1:09.66	1:06.32	1:07.67	1:05.00	1:06.33	1:04.57	1:05.89
200m Butterfly	2:33.55	2:36.68	2:28.40	2:31.43	2:25.79	2:28.77	2:24.49	2:27.44
200m Individual Medley	2:34.73	2:37.89	2:31.85	2:34.95	2:29.19	2:32.23	2:27.85	2:30.87
400m Individual Medley	5:30.28	5:37.02	5:23.35	5:29.95	5:17.68	5:24.16	5:14.84	5:21.27
Relays								
4 x 50m Free	13 – 14 years					1:56.00		
4 x 50m Free	15 – 16 years					1:52.00		
4 x 100m Free	16 and under					4:09.00		
4 x 50m Medley	13 – 14 years					2:09.00		
4 x 50m Medley	15 – 16 years					2:05.00		
4 x 100m Medley	16 and under					4:36.00		

Short course times can only be used where a long course time has not been achieved.

Qualifying time must be achieved after 1st January 2020.

Minimum Age is 13 years for girls



ENTRY QUALIFYING TIMES

20 October 2022

BOYS

EVENT	14 YEARS		15 Years		16 YEARS		17 YEARS	
	SCM	LCM	SCM	LCM	SCM	LCM	SCM	LCM
50m Freestyle	26.24	26.78	25.38	25.90	24.72	25.22	24.26	24.76
100m Freestyle	57.78	58.96	55.69	56.83	54.22	55.33	53.25	54.34
200m Freestyle	2:05.41	2:07.97	2:02.11	2:04.60	1:58.89	2:01.32	1:56.76	1:59.14
400m Freestyle	4:28.39	4:33.87	4:20.51	4:25.83	4:13.65	4:18.83	4:09.09	4:14.17
800m Freestyle	9:10.51	9:21.74	8:54.62	9:05.53	8:40.23	8:51.05	8:30.96	8:41.39
1500m Freestyle	17:32.59	17:54.07	16:57.08	17:17.84	16:30.07	16:50.28	15:13.28	16:31.92
50m Backstroke	29.97	30.58	28.98	29.57	28.22	28.80	27.70	28.27
100m Backstroke	1:04.90	1:06.22	1:03.07	1:04.36	1:01.44	1:02.69	59.81	1:01.03
200m Backstroke	2:22.49	2:25.40	2:18.19	2:21.01	2:14.61	2:17.36	2:11.05	2:13.72
50m Breaststroke	32.64	33.31	31.58	32.22	30.74	31.37	30.18	30.80
100m Breaststroke	1:13.11	1:14.60	1:11.11	1:12.56	1:09.30	1:10.71	1:07.49	1:08.87
200m Breaststroke	2:38.40	2:41.63	2:34.19	2:37.34	2:30.27	2:33.34	2:26.35	2:29.34
50m Butterfly	27.98	28.55	27.06	27.61	26.35	26.89	25.87	26.40
100m Butterfly	1:02.83	1:04.11	1:00.34	1:01.57	58.78	59.98	58.20	59.39
200m Butterfly	2:21.27	2:24.15	2:16.53	2:19.32	2:13.00	2:15.71	2:09.47	2:12.11
200m Individual Medley	2:23.37	2:26.30	2:19.62	2:22.47	2:16.01	2:18.79	2:12.40	2:15.10
400m Individual Medley	5:10.17	5:16.50	4:58.99	5:05.09	4:51.26	4:57.20	4:43.52	4:49.31
Relays								
4 x 50m Free	14 – 15 years					1:45.00		
4 x 50m Free	16 – 17 years					1:41.00		
4 x 100m Free	17 and under					3:42.00		
4 x 50m Medley	14 – 15 years					2:03.00		
4 x 50m Medley	16 – 17 years					1:59.00		
4 x 100m Medley	17 and under					4:10.00		

Short course times can only be used where a long course time has not been achieved.

Qualifying time must be achieved after 1st January 2020.

Minimum Age is 14 years for boys.