

ENTRY QUALIFYING TIMES

**FEMALE**

EVENT	OPEN		17 – 19 YEARS	
	SCM	LCM	SCM	LCM
50m Freestyle	26.51	27.05	26.99	27.54
100m Freestyle	56.42	57.57	57.47	58.64
200m Freestyle	2:03.65	2:06.17	2:05.93	2:08.50
400m Freestyle	4:21.53	4:26.87	4:26.37	4:31.81
800m Freestyle	9:00.48	9:11.51	9:08.38	9:19.57
1500m Freestyle	16:58.97	17:19.77	17:17.82	17:39.03
50m Backstroke	29.96	30.57	30.50	31.12
100m Backstroke	1:04.48	1:05.80	1:05.66	1:07.00
200m Backstroke	2:19.49	2:22.34	2:22.03	2:24.93
50m Breaststroke	33.83	34.52	34.44	35.14
100m Breaststroke	1:12.85	1:14.34	1:14.17	1:15.68
200m Breaststroke	2:37.43	2:40.64	2:39.66	2:42.92
50m Butterfly	28.04	28.61	28.55	29.13
100m Butterfly	1:02.13	1:03.40	1:03.22	1:04.51
200m Butterfly	2:18.44	2:21.27	2:20.96	2:23.84
200m Individual Medley	2:19.39	2:22.23	2:21.94	2:24.84
400m Individual Medley	4:57.53	5:03.60	5:02.99	5:09.17
RELAYS				
4 x 100m Free	Open		3:57.94	
4 x 200m Free	Open		8:39.37	
4 x 100m Medley	Open		4:23.54	

Short course times can only be used where a long course has not been achieved  
Qualifying time must be achieved after 1<sup>st</sup> January 2020

ENTRY QUALIFYING TIMES

**MALE**

EVENT	OPEN		18 – 20 YEARS	
	SCM	LCM	SCM	LCM
50m Freestyle	23.04	23.51	23.68	24.16
100m Freestyle	51.16	52.20	52.58	53.65
200m Freestyle	1:52.48	1:54.78	1:55.04	1:57.39
400m Freestyle	3:59.56	4:04.45	4:06.00	4:11.02
800m Freestyle	8:18.48	8:28.65	8:24.63	8:34.93
1500m Freestyle	15:52.33	16:11.77	16:04.88	16:24.57
50m Backstroke	26.80	27.35	27.28	27.84
100m Backstroke	57.96	59.14	59.01	1:00.21
200m Backstroke	2:06.41	2:08.99	2:08.70	2:11.33
50m Breaststroke	29.46	30.06	29.99	30.60
100m Breaststroke	1:04.44	1:05.76	1:05.66	1:07.00
200m Breaststroke	2:20.11	2:22.97	2:22.63	2:25.54
50m Butterfly	25.13	25.64	25.59	26.11
100m Butterfly	55.73	56.87	56.74	57.90
200m Butterfly	2:05.32	2:07.88	2:07.60	2:10.20
200m Individual Medley	2:06.03	2:08.60	2:09.50	2:12.14
400m Individual Medley	4:33.13	4:38.70	4:40.64	4:46.37
RELAYS				
4 x 100m Free	Open		3:32.42	
4 x 200m Free	Open		7:49.28	
4 x 100m Medley	Open		3:53.07	
Mixed 4 x 100 Medley	Open		4:08.15	

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