

Pre-requisite for enrolment: Must have held Advanced Accreditation for minimum 2 years

Time investment to complete the full course: Approx 18 - 24 months

Additional co-requisites to gain accreditation: WWCC, First Aid (HLTAID003), ASCTA membership

Core Modules (must complete ALL)

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| Child Protection and Integrity modules (online only) | <i>Coaches must complete the Swimming Australia Safe Sport course, ASADA Level 1 and 2 courses, ASADA Coaching Course and NISU Anti-Corruption and Race Fixing course</i> |
| Scientific Principles of Elite Swimming Performance (online only) | <i>Coaches will understand the sport science principles that influence successful elite swimming performance.</i> |
| High Performance Program Management (online only) | <i>Coaches will develop the knowledge and skills required to plan, implement, monitor, review and adapt a high performance program for a squad or team targeting podium success.</i> |
| Leading and Influencing (online plus Face to Face workshop plus presentation to peers) | <i>Coaches will develop the leadership and relationship management skills required to drive the success of their high performance program.</i> |
| Mentoring (online plus Face to Face workshop) | <i>Coaches will know what they need to do to meet the needs of those they mentor. Coaches will also need to enter into a Mentoring relationship as a Mentor for 12 months.</i> |
| Race Modelling and Preparation (online plus Face to Face workshop) | <i>Coaches will understand the process to analyse and develop a race model, evaluate training loading and effectively prepare elite swimmers for specific races.</i> |
| Practical Coaching experience | <i>Coaches must complete 400 hours practical coaching, over a minimum of 12 months, under supervision from a Mentor</i> |

Elective Modules (must choose 2 not already previously completed)

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| Swimmer Welfare (online module) | <i>Coaches will know what information and support to provide to performance swimmers in and out of the water.</i> |
| Performance Coaching Principles (online module) | <i>Coaches will understand the fundamentals of sports coaching pedagogy that underpin successful performance coaching.</i> |
| Coaching in a Performance Environment (online module plus Face to Face workshop) | <i>Coaches will have the skills and knowledge to successfully manage the demands of being a professional coach in a performance environment.</i> |
| Coaching as a Collaborative Team (online module) | <i>Coaches will know how they can improve the relationships they have with parents, colleagues and other coaches.</i> |
| Instructing Others (online module plus Face to Face workshop) | <i>Coaches with a development role will know what they need to do to meet the needs of those other coaches and colleagues they instruct or train.</i> |